

High Altitude & Remote Area Insurance Questionnaire

24/5/2011

Thank you for completing the Initial Questions on the BMC website. To enable us to consider your application further we need some supplementary information.

Please complete the following form and return it to insure@thebmc.co.uk:

(Please enlarge the text boxes as required and provide as much detail as possible to support your application)

PLEASE NOTE: BMC Insurance is only available to UK residents

Name and DOB / age of ALL participants				<i>Please add more spaces if necessary</i>	
Full name(s):		DOB / Age:		UK resident (Y / N):	
Dates of travel:					
Depart:		Return:			

1. Is this an independent trip or a trip arranged through a tour/guiding/logistics operator? Please give full details

A trip arranged by a UK based operator in close liaison with a land agent (Himalayan Guides) in Nepal

2. Where are you travelling to and what is the mountaineering objective of your trip? Please give full details

Nepal to climb Ama Dablam

3. Please summarise your experience relevant to your mountaineering objective.

4. Please summarise your knowledge of the area you intend to visit.

Tim Mosedale, the expedition leader, has extensive knowledge of the area having been on over 25 expeditions there, including 9 on Ama Dablam.

5. Have you obtained the appropriate authority / permits for your trip and have details of the local rescue services? Please give details

Yes, Tim Mosedale and his agent in Kathmandu will have all permits

6. How many members are there in your expedition team?

Anticipated at being 8 to 10

7. What precise mountaineering activities will you be engaged in? Please give full details

Climbing a Himalayan peak expedition style (fixed ropes, set camps, Climbing Sherpa assistance)

8. Please detail your itinerary from departing the UK until your return? *Please include full details including exact locations you are travelling to and connecting flights.*

A week trekking in the Khumbu to get to Base Camp, 10 days at base camp / ABC / Camp 1 preparing camps and acclimatising up the mountain. 1 week climbing the mountain. 3 days trek out.

9. Are there any special or unusual features or activities involved with this trip?

Please specify details – e.g. Will you be using Power Kites, Sailing Boats or any form of motorised transport like Skidoos, Quad-bikes or motorised rigid-inflatable boats (e.g. Zodiacs, etc)?

No

10. Are you or any expedition team members travelling against medical advice? Does anyone have any medical conditions / undergoing medical treatment / taking any medication?

11. Will you be part of an ‘adventure challenge’, race or a ‘record-breaking’ event of any kind?

Please explain

12. Will you be undertaking any kind of research, survey or ecological work? *Please give details*

13. Will you be involved in any work as ‘support staff’, a marshal, or as part of a medical team?

14. Are There any companies or organisations providing support / sponsorship for your trip? *Please give details*

15. Is the trip connected with your occupation / profession? Are you receiving any remuneration / payment for participating in this trip *Please explain*

16. What form(s) of media involvement is there in the trip? Is it subject to filming or TV production and will you be accompanied by a professional film maker or film crew?

17. Are any members of your party medically qualified or trained in Emergency First Aid? *Please detail*

Tim is 1st aid trained and has done a ‘Far from help’ course run by Wilderness Medical Training. There is a very extensive 1st aid kit (and oxygen) at Base Camp with additional smaller kits on the mountain as well. There is also a western manned medical aid post at Pheriche (2 hours away) as well as UK phone support with an expedition doctor.

18. Will you be taking a GPS, Satellite Tracking / Monitoring Beacon, Personal Locator Beacon, Satellite Telephone, Spares and spare batteries / chargers etc. ?

If so please give details including your telephone numbers.

The expedition will have a Satphone – but the number is not available yet as we don't yet know which handset we will be allocated by the Kathmandu agent. There is also mobile phone reception at Base Camp. The expedition has solar panels etc for charging.

19. How do you plan to deal with a serious accident or illness during your trip? Is there any medical expertise within your team? Please give details

There are Climbing Sherpas and an expedition leader who will be at each camp whenever there are group members at Camps 1, 2 or 3 (unless they have been allocated to other team members for an emergency situation). Every team member is issued with a walkie talkie radio. In the event of there being any incident then the Climbing Sherpas are immediately on hand to help as necessary and the Sirdar and Expedition Leader coordinate efforts accordingly. The Sirdar also has other Climbing Sherpas available in the event of needing further staffing levels for an emergency situation. If evacuation is required the agent in Kathmandu is made aware of the situation and has access to immediate helicopter assistance.

20. What are your contingency plans if the event of the failure of your logistics / tour operator, or if your guide becomes ill or is injured.

If Tim became ill during the trip the expedition would be coordinated by The Sirdar and his Climbing Sherpas (most of whom have summited Ama Dablam many times as well as Everest, Cho Oyu and Manaslu. One of the Climbing Sherpas has summited Ama Dablam over 30 times). The area is not deemed to be a high risk for natural disaster (unforeseen circumstances notwithstanding). The expedition receives weather updates from the UK throughout the duration of the trip and group members are not permitted to climb above Camp 3 in adverse conditions.

21. Have you had any previous Search and Rescue, Medical Emergency or Repatriation incidents whilst on previous trips? Please give details.

It is standard practice that mountain rescue / evacuation from the scene of an incident is normally provided locally by specialist mountain rescue teams, park rangers or the military. As part of your contingency planning you should ensure that you have contact details for these services for the area you are operating in. Once a rescue is initiated, ACE Assistance can be contacted to arrange for you to be taken to a higher level of medical care or repatriated as appropriate.

In addition to the above we suggest that before travelling you contact the Foreign & Commonwealth Office (FCO) and request contact details of the British Embassy / High Commission in your destination country; this will be helpful in the event of a medical emergency, loss of passport etc. We also suggest you register with the FCO 'Locate' system <http://www.fco.gov.uk/en/travel-and-living-abroad/staying-safe/Locate/>; this will help the FCO to help you in the event of an emergency situation arising in the country you are travelling to.

Please note that it is your responsibility to provide complete and accurate information on this form; it is important that you ensure that all statements you make are full and accurate. Failure to disclose material information could invalidate your BMC Insurance policy.

Declaration:

I have read and understood all of the above, and have answered all of the questions truthfully and in full:

Signed: Date: